

## Teen Dating Violence

Dating violence is a pattern of behavior where one person threatens to use or actually uses verbal, emotional, physical, or sexual abuse to control his or her partner. Over half (57%) of teens know someone who has been abused in a dating relationship.\*

The *Reaching and Teaching Teens to Stop Violence* curriculum provides information to raise awareness of existing violence in our communities and challenges social norms and expected behaviors that tolerate and perpetuate violence.

\*Teen Relationship Abuse Survey, conducted by Teenage Research Unlimited and sponsored by Liz Claiborne Inc., 2005.

### Crisis Lines

1-877-215-0167—Línea de Crisis en Nebraska (en español)

1-800-799-SAFE (7233) - National Domestic Violence Hotline, [www.ndvh.org](http://www.ndvh.org)

1-800-656-HOPE (4673) - National Sexual Assault Hotline, [www.rainn.org](http://www.rainn.org)

1-866-331-9474—National Teen Dating Abuse Helpline, [www.loveisrespect.org](http://www.loveisrespect.org)

The 2011 revision of *Reaching and Teaching Teens to Stop Violence* was supported by Grant No. 2009-EU-SG-0015 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication are those of the author and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.

Nebraska Domestic Violence Sexual Assault Coalition  
245 S. 84th Street, Suite 200  
Lincoln, NE 68510



# Reaching and Teaching Teens to Stop Violence

Originally published 1996; revised 2011.

Nebraska Domestic Violence Sexual Assault Coalition  
245 S. 84th Street, Suite 200 Lincoln, NE 68510  
402-476-6256(phone) 402-476-6806 (fax)  
[www.ndvsac.org](http://www.ndvsac.org)

## About *Reaching and Teaching Teens*

Designed for youth and young adults in grades 6-12, *Reaching and Teaching teens to Stop Violence* combines presenter lesson plans, activities, role plays, teen survivors experiences and suggested resources.

*Reaching and Teaching Teens* is a 330 page notebook divided into five units. Each topic can be presented individually or in conjunction with any other unit.

The units include:

- Unit 1: Sticks and Stones: Sexual Harassment
- Unit 2: Every 8 Seconds: Sexual Assault
- Unit 3: When Flowers Don't Fix It: Dating Violence
- Unit 4: The Power of Equality: Healthy Relationships
- Unit 5: Toxic Scripts: Gender Violence

Each unit contains goals and objectives, sample lesson plans for various time amounts, an overview of the unit topic, a variety of activities, homework assignments, handouts, fact sheets, and suggested videos. Evaluations are completed online or printed and completed following the presentations.

The appendices include additional lesson plans, fact sheets, video guides and sample discussion questions, resources (books, videos, websites) and a listing of the local domestic violence/sexual assault programs in Nebraska.

## Using the Curriculum

The curriculum is formatted for use in school settings; however, it can be used in other settings (i.e. youth groups, after school programs, churches).

The local domestic violence/sexual assault program is a resource for this curriculum and other community education and prevention activities. The program is also a resource for victims and survivors of violence.

Nebraska's network of Nebraska's coalition of domestic violence and sexual assault programs provide access to safety and shelter across the state.

To locate the program nearest you, visit [www.ndvsac.org](http://www.ndvsac.org).

## About the Coalition

The Nebraska Domestic Violence Sexual Assault Coalition is a statewide membership organization of domestic violence and sexual assault programs, organizations, and individuals working to end domestic violence, sexual assault and stalking.

The Coalition provides technical assistance and training on various topics, and works to increase public awareness and understanding.

## Order Form

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Mailing Address:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

\_\_\_\_\_ Printed Manuals at \$75/manual= \$\_\_\_\_\_  
(shipping and handling included)

NE residents,\* add tax (\$5.25/manual)= \$\_\_\_\_\_

\_\_\_\_\_ CDs of the Curriculum at \$10/manual= \$\_\_\_\_\_  
(shipping and handling included)

NE residents,\* add tax (\$0.70/manual)= \$\_\_\_\_\_

\*If tax exempt, please include your tax exempt number:

\_\_\_\_\_

**TOTAL DUE: \$\_\_\_\_\_**

### Check One:

\_\_\_\_\_ Payment Enclosed (Check Payable to NDVSAC)

\_\_\_\_\_ Bill Organization Listed (Purchase Order Required)

### Send Form to:

Nebraska Domestic Violence Sexual Assault Coalition  
245 S.84th Street, Ste 200 Lincoln, NE 68510  
402-476-6256 (phone) 402-476-6806 (fax)

NDVSAC Federal ID Number: 47-0606289