Non-violence is not a garment to be put on and off at will. Its seat is in the heart, and it must be an inseparable part of our being.

-Mahatma Gandhi
The past year has been packed full of energizing experiences, terrific trainings, and awesome advocacy! Advocacy is at the heart of the efforts that are so thoughtfully performed by the staff of Nebraska’s network of domestic violence and sexual assault programs.

ADVOCACY - the act of speaking on the behalf of or in support of another person, place, or thing

During the last year the Coalition staff and the network of programs across the state advocated for the passing of the Violence Against Women Reauthorization Act (VAWA) of 2013, building on the original act that has been in existence since 2004. The Act was signed into law, embracing much needed protections for survivors of domestic violence, dating violence, sexual assault and stalking, as well as providing instrumental funding to continue the coordination of services in communities across Nebraska and the United States.

ADVOCATE - someone who fights for something or someone, especially someone who fights for the rights of others

The passing of the VAWA legislation ultimately allows for advocates across our state to continue to directly assist survivors who are in need of safety and support. The advocates of Nebraska’s network of programs assisted 28,700 individuals over the last year, providing 60,816 shelter beds and answering 49,940 crisis line calls! In addition, the advocates reached 89,714 individuals through providing education and prevention programs in Nebraska’s communities.

Advocacy can take many forms, and usually grows out of a passion for the work. I am so thankful to have a career in a field that is comprised of such passionate individuals, who strive to make a difference every single day.

Thanks to each of you for your partnership in embracing a future where healthy relationships prosper.

Sincerely,

Lynne Lange
Executive Director
Mission Statement
The Nebraska Domestic Violence Sexual Assault Coalition enhances safety and justice by changing the beliefs that perpetuate domestic violence and sexual assault.

Vision Statement
We envision a world where domestic violence and sexual assault are a distant memory and healthy relationships prosper.

Core Values
Accountability
Collaboration
Diversity/Equality
Education
Empowerment/Autonomy
Leadership
Prevention
Safety

Statement of Philosophy
Abuse is a choice and a practice by which persons achieve power, gratification or financial advancement through the abuse of another person by abrogating that person’s human right to dignity, equality, autonomy and physical and mental well being. Therefore, we must work to eliminate racism, homophobia, anti-Semitism, classism and oppression of all traditionally silenced groups. These oppressions are perpetuated by the same systems that profit from violence against women and children and cannot be separated from the overall mission of the Coalition, for the oppression of one is the oppression of all.
There are 21 community-based domestic violence/sexual assault programs in Nebraska. There are also 4 tribal domestic violence/sexual assault programs serving the Ponca, Winnebago, Omaha and Santee Sioux nations.

**Region I**
1. DOVES, Gering
2. North Central Quad County Task Force, Valentine
6. Sandhills Crisis Intervention Program (SCIP), Ogallala

**Region II**
3. Domestic Abuse/Sexual Assault Services (DASAS), McCook
4. Rape/Domestic Abuse Program (RDAP), North Platte
5. Parent-Child Center, Lexington

**Region III**
7. Healing Hearts and Families, Broken Bow
8. The S.A.F.E. Center, Kearney
9. The Crisis Center, Grand Island
10. Spouse Abuse/Sexual Assault Crisis Center (SASA), Hastings

**Region IV**
11. Center for Survivors, Columbus
12. Haven House, Wayne
13. Bright Horizons, Norfolk
18. The Bridge (formerly the Crisis Center for Domestic Abuse/Sexual Assault), Fremont

**Region V**
14. Voices of Hope, Lincoln
15. The Friendship Home, Lincoln
16. Project Response, Auburn
17. Hope Crisis Center, Fairbury

**Region VI**
19. Heartland Family Service - Domestic Abuse Program, Papillion
20. Catholic Charities - The Shelter, Omaha
21. Women’s Center for Advancement (WCA), Omaha

My prayers are always with you and the many who dedicate their lives to helping victims of abuse. I thank you for all that you do in keeping everyone informed and teaching them how to help victims of abuse and sexual assault.

-Survivor
The network of domestic violence/sexual assault programs offer a range of services for both adults and children who are victims of domestic and sexual violence. Each program provides the following seven core services. Supplemental services vary in each area.

24 Hour Crisis Line
Confidential support, information and access to services are available 24 hours a day by calling the program in your area.

Legal Referrals and Assistance with Protection Orders
Programs cannot give legal advice; however, they can provide assistance with obtaining a domestic abuse protection order, emotional support through court proceedings, and referrals to local attorneys.

Emergency Shelter
Providing a safe place to stay is an important service of the programs. Using a combination of shelters, hotels and other options, programs offer people a place to escape further violence.

Ongoing Support and Information
Individual ongoing support is provided to survivors. Support groups for survivors of domestic violence and sexual assault are available in many communities. Some programs offer groups for teens experiencing violence, child witnesses, and educational groups for people who batter.

Transportation
Emergency transportation to shelter is available 24 hours a day. Programs also may provide transportation to court proceedings, medical services or to other community agencies.

Education and Prevention Programs
Prevention programs are provided for children, youth and adults on topics such as child sexual abuse, sexual assault, dating violence, stalking, and healthy relationships. Staff and volunteers are available for presentations to community groups and other organizations.

Medical Advocacy and Referrals
Staff and volunteers are available to accompany survivors to hospital emergency rooms and local medical offices for treatment of injuries or an exam after a domestic or sexual assault.

I just had the most amazing call with a domestic violence program in Nebraska. The survivor was strangled pretty bad this morning. The police were called and her abuser was taken to jail. The problem was that she needed to go to the hospital to get checked out because there was still a lot of pain. She had little children. Without anyone to watch the children she didn’t feel like she could go to the hospital. She had no friends, family, or neighbors to ask for help so we called the local program looking for a “Hail Mary.” They sent two advocates to go with her to the hospital and help her with the children while she gets examined by a doctor.

- Advocate with the National Domestic Violence Hotline
The 21 local domestic violence/sexual assault programs strive to meet the needs of victims and survivors and to provide a voice to speak on their behalf when needed. Additionally, programs work to hold perpetrators accountable and implement efforts to prevent domestic and sexual violence.

During October 1, 2012 - September 30, 2013, the 21 domestic violence/sexual assault programs provided the following services.

**People Served**
- 28,700 people received direct services

**Shelter Services**
- 60,816 shelter beds provided
  - 1,242 adults and 1,324 children and youth received shelter services

**Crisis Line Calls**
- 49,940 calls to the 24 hour crisis lines operated by the network of programs

**Supportive Counseling and Advocacy**
When reporting statistics, programs had the option of including either the number of contacts or the number of hours. Therefore, the number of contacts does not include the number of hours listed.

- **Adults**
  - 51,855 service contacts for individual support/advocacy provided
  - 7,795 contacts for group support/advocacy provided

- **Children/Youth**
  - 6,066 contacts made for individual support/advocacy provided
  - 7,795 contacts made for group support/advocacy provided
  - Another 2,582 service contacts were spent providing additional activities to children and youth

### Demographics of People Served*

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*This report includes the statistics provided to the Nebraska Domestic Violence Sexual Assault Coalition by the local domestic violence and sexual assault programs. These numbers reflect only the services provided by the programs. They do not include services provided to victims/survivors by other agencies (i.e., police, medical). Therefore, this information should be seen as a conservative estimate. The actual number of victims, survivors, and services provided in Nebraska is likely to be much greater.
Prevention/Educational Programs

- 2,334 prevention/educational programs were conducted
- 89,714 individuals attended*
- An additional 1,265 awareness activities were provided

*There may be some duplication in the numbers. A person may have attended several events offered by local domestic violence and sexual assault programs.

2013 Direct Services by the Coalition

In addition to the direct services provided by the network of programs, the Coalition provided the following direct services between January - December 2013 (the Coalition’s fiscal year).

- The bilingual staff answered 155 calls on the Línea de Crisis, the statewide hotline answered in Spanish.

- Nebraska LAPTOP was a joint project between the Coalition and the Nebraska State Bar Association’s Volunteer Lawyers Project (VLP). It was funded by the Legal Assistance for Victims (LAV) grant program from 2003 to 2013. The program connected victims of violence with attorneys willing to provide legal representation for certain civil and immigration legal matters.
  - Attorneys funded through the project in 2013 reported 195 hours of services* to hundreds of victims. The vast majority of cases were placed on a reduced fee basis, but several cases were placed on a pro bono basis due to a high volume of applicants and limited resource availability.
  - Coalition staff responded to 2,428 calls specific to technical assistance related to the LAPTOP and provided 66,053 resources.
  - Additionally, Coalition staff provided legal assistance to immigrant victims of violence seeking relief through immigration options provided under the Violence Against Women Act (VAWA) and the William Wilberforce Trafficking Victims Protection Act. Coalition staff:
    - assisted 47 victims of violence as primary petitioners; and
    - assisted other qualifying family members (qualifying family members include parents, spouses, children under the age of 21, or siblings under the age of 18).

*The number of hours of service reported is significantly lower than what was included in the 2012 annual report. This is due to the end of the funding prior to the end of the reporting period. Additionally, these hours do not include many of the pro bono hours that attorneys provided.

Thank you so much. You certainly have given us a lot to work with. I appreciate your detail. We will review as staff and get our bearings, and then review with the client to determine what may be her next step.
- Domestic Violence/Sexual Assault Advocate
**Coalition Statistics**

**Training, Education, and Technical Assistance to the Network**

- Responded to 1,400 telephone/email requests for information
- Conducted 8 on-site visits, including 3 peer reviews
- Provided 44 trainings, totaling 196 hours and attended by 409 people from the network of local domestic violence/sexual assault programs

**Training, Education, and Technical Assistance to Other Agencies**

- Responded to 1,028 telephone/email requests for information
- Provided 55 trainings in multidisciplinary forums, totaling 177.25 hours and attended by 1,386 people, including:
  - 12 statewide trainings/webinars in Nebraska
  - 8 trainings in other states
- Convened and/or attended 169 meetings on collaborative initiatives and enhancing services
- Participated in 9 batterer intervention program reviews

**Publications and Resources**

- Shared information and resources through 7,940 mailings to the network of programs and 2,151 mailings to other agencies
- Distributed 4 issues of the *No More in Nebraska* newsletter
- Distributed 66,053 brochures and other materials

**Public Awareness**

- Attended 6 events sponsored by local programs
- Assisted in the planning of One Billion Rising events in Lincoln

**Public Policy**

- Sponsored a statewide Legislative Update Day to inform state senators and other leaders about domestic violence, sexual assault, and stalking
- Provided testimony at 5 legislative hearings

**Staff Development and Training**

- Attended 120 state and national teleconferences, webinars, conferences to keep current and informed about emerging issues

*These statistics reflect January - December 2013, which is the Coalition’s fiscal year.

**There may be some duplication in these numbers. A person may have attended more than one event.

Thank you so much for the wonderful training we received last week. I am looking forward to putting it to work with the clients that I serve.
- Domestic Violence/Sexual Assault Advocate
Spotlight Program: Primary Prevention of Violence

One in 5 women and 1 in 71 men are survivors of rape. One in 2 women and 1 in 5 men has experienced some form of sexual violence in their lifetimes. Additionally, 12.76 million people experience intimate partner violence – that is, physical violence, sexual violence, or stalking by an intimate partner – in just one year. These numbers contribute to a constant flow of people seeking services from domestic violence programs and rape crisis centers nationwide, and Nebraska is no exception. One can only imagine how easy it would be to fall into the trap of viewing intimate partner violence and sexual violence as a series of isolated acts to which there is no end.

But intimate partner violence and sexual violence are not a series of isolated violent acts. Extensive research on intimate partner violence and sexual violence has found that the violence is influenced by a continuum of attitudes, behavior, and norms – those that promote or allow violence to flourish in our communities, and those that decrease the likelihood of violence from occurring in our communities. The good news is that these factors are malleable. We can decrease the attitudes, behaviors, and norms that support or condone intimate partner violence and sexual violence, and we can increase the attitudes, behaviors, and norms that protect against it. In other words, we can change our social environment – be it our schools, our communities, our culture – to be less conducive to intimate partner violence and sexual violence. Yes, we can create social change!

In May 2013, the Coalition hosted Pause! Plan! Prevent!, a statewide conference and strategic planning session for Nebraska’s network of local domestic violence/sexual assault programs. Advocates and program directors from across the state gathered to hear Jennifer Grove (from the National Sexual Violence Resource Center) and David Lee (from the California Coalition Against Sexual Assault) discuss how social change takes place and how we as a movement can spark that change. Day two officially launched the network’s strategic prevention planning process. Deborah Tucker (from the National Center for Domestic and Sexual Violence) began this process by leading the group in evaluating their vision and mission statements and identifying their strengths and needs for this work. The room was undoubtedly alive with energy and excitement as advocates and directors learned and discussed ways in which they can make change within their own organizations and communities.

A number of ideas were born from this conference, many of which the Coalition and network will continue to explore, build upon, and carry out in the coming year. We know that preventing intimate partner violence and sexual violence is a long-term commitment. Social change does not happen overnight. But it will happen. The alternative – that infinite number of people who continue to be affected by intimate partner violence and sexual violence on a daily basis – is not acceptable. We will create that social change.
Agency Collaboration: Building Strong Boards

Part of having a strong foundation for providing services is having a strong, effective Board of Directors. In recognition of this the Coalition has worked to support non-profit boards in conjunction with the Human Services Federation of Lincoln-Lancaster County and the network of local domestic violence/sexual assault programs.

Since 2011, Michelle Zinke, Training and Resource Coordinator, has been part of the Visionary Board Leadership project of the Human Services Federation of Lincoln-Lancaster County. This team provides presentations to local non-profit boards and staff. The training focuses on the basics of board governance, such as the responsibilities of board members (including legal and fiduciary responsibilities), trends in board governance, and the relationship between the board and the Executive Director of the organization. Between 2011 and 2013, Michelle provided 8 presentations to nonprofits. Additionally, other presenters from the Visionary Board Leadership project provided the training to the Coalition’s Board of Directors.

During 2013, Lynne Lange, Executive Director, has worked with the network of local programs to provide training to local Boards of Directors. This is provided in conjunction with the transition of new Executive Directors of the programs and as part of the Network Sustainability Committee.

While the presentation for the network is similar to the ones provided through the Human Services Federation, Lynne adds information specific to the issues faced by local domestic violence/sexual assault programs. In 2013 she provided trainings to 5 local programs, which represents nearly 25% of the network. These programs included: Crisis Center (Grand Island), Center for Survivors (Columbus), Parent-Child Center (Lexington), SCIP (Ogallala) and SASA Crisis Center (Hastings). Additional trainings are scheduled for 2014.

Information from the training evaluations, in response to what they learned:

- I've already had feedback from three board members who really enjoyed the training and even used the word “excellent” to describe it.
- All Board members have something to add, do not be afraid to use your strengths and acknowledge your weaknesses.
- I like the piece on alliances. Taking advantage of partnerships. I think we could do more with this.
- This was a great presentation about non-profit organizations & the work they do in the community. All was new for me & I believe the organizations will provide a good opportunity to grow as a professional & as a person.
- A reminder to recruit the right board member, not just to fill a seat.
Overview of Funding

The following is a 2013 summary of funding for the Nebraska Domestic Violence Sexual Assault Coalition. The fiscal year for the Coalition is a calendar year (January - December).

U.S. Department of Justice - Violence Against Women Act: $355,801
- Legal Assistance for Victims Grant Program: $123,275
- Grants to State Sexual Assault and Domestic Violence Coalitions: $204,582
- Rural Domestic Violence, Dating Violence, Sexual Assault and Stalking Grant: $27,944

U.S. Department of Health and Human Services - Family Violence Prevention & Services Act: $219,852

Nebraska Health and Human Services: $136,921
- Preventive Health and Health Services: $52,927
- Rape Prevention and Education: $14,954
- Nebraska Health and Human Services: $69,040

Nebraska Crime Commission on Law Enforcement and Criminal Justice, U.S. Department of Justice - Sub-Contracts: $9,769
- Sexual Assault Services Formula Program: $9,769

Office of Women and Health: $2,500
Lozier Foundation: $3,000
Program Membership Dues: $14,622
In Kind Donations: $28,440
Individual and Organizational Donors: $84,792
Community Services Fund: $6,196
Interest: $197
Miscellaneous: $3,963
Total: $866,053

Thank you for partnering with our education department. Your support is greatly appreciated!
-Public Health and Advocacy Organization
Donations of all amounts are vital in order to sustain the work of the Coalition. Without this ongoing assistance, the Coalition would be unable to provide resources and services to local domestic violence/sexual assault programs and other organizations. The following list includes donors during the 2013 calendar year. If a name has been inadvertently omitted from these lists, please contact the Coalition. The Coalition is grateful for the generous support from donors.

The Coalition also thanks the anonymous donors for their support!

**Individuals**
Mitch and Katie Bean  
Lyndee J. Black*  
Monica Braun*  
Heather Duhachek  
Millie Engler*  
Marsha Fengmeyer and Jim Wiest*  
Larry and Peg Fletcher*  
Lisa and Barry Forbes*  
Sandy Fritz*  
Jo Ann and Lee Gallatin*  
James Gordon*  
Rick and Susan Gustafson*  
Jennifer Haley*  
Karen Harker*  
Nancy and John Harms*  
Rosemarie and Steven Heinisch*  
Kathy Herian*  
Gwen L. Hurst  
Nancy and David Jacobson*  
Marshall and Cynthia Johnson*  
in honor of Cynthia Johnson  
Jean Johnson*  
Carol Knieriem*  
Susan Koenig*  
Suellen Koepek  
Charla Lambert*  
Fred and Carol Lockwood*  
Dianne Lozier*  
Christon MacTaggart  
Francine McKenzie*  
Michael Milbourn  
Ann and Gordon Moshman*  
Karen Mueller*  
Kelsie and Danny Myers  
Linda Olson*  
Keisha Patent  
Shelly and Jay Penner*  
Marilyn Phillips*  
Roalene Redland MD*  
Jay Rose  
Judy Schultz*  
Coralee Scritsmier*  
Dorothy and Robert Shapiro*  
Jamie Snyder  
George and Mary Lynn Tuck  
Hilary Wasserburger*  
Alice Weiss and Ken Munzesheimer  
Karen and Wes Wingett*  
Linda Zinke*  
Michelle Zinke*  
Monica Zinke*  
Sondra Zinke*  

*Signifies people whose donations included a contribution to the Coalition’s 35th Birthday Campaign (Winter 2012-2013).

**Allstate Giving Campaign**
Debra K. Bindel  
Janis Anne Koester  
Jennifer Marie Pract

**Organizations**
Cotner College  
Family Violence Council  
Fraternal Order of Eagles  
The Lozier Foundation  
US Bank

**Donors through the Community Services Fund**
Cathryn Alpaugh  
Chris Amaya  
Chris Blake  
Jessie J. Bockelman  
Margaret E. Bohling  
Lorena L. Buehler  
Laura M. Bugay  
Patricia A. Chase  
Kathi Cockrill  
Andrew Dillehay  
Ryan Donohue  
Jordan Hussey  
Ami L. Johnson  
Deborah A. Kincaid  
Douglas R. Koebennick  
Lynne Lange  
Caitlin Mackie  
James B. Maney  
Stephanie McLeese  
Brenda Merideth  
Patricia J. Nelson  
Michelle Nelson  
Alexzandra Neville  
Tom V. Noha  
Oonh K. Pham  
Mary A. Pritchett  
Susan Roberts  
Jessy Romero  
Janet L. Schmidt  
Elizabeth S. Thomas  
Marci Vander Tuig  
Peggy J. Walters  
Michelle Zinke

*The Coalition also thanks the donors through the Allstate Giving Campaign and the Community Services Fund that did not wish to be recognized publicly.

**The Community Services Fund donors reflect the 2012 campaign.
The Coalition envisions a world where domestic violence and sexual assault are a distant memory and healthy relationships prosper.

Won’t you help us make this vision a reality?

There are many ways to support the work of the Coalition and the network of local domestic violence/sexual assault programs.

Financial support is greatly appreciated. This can be provided by becoming a member of the Coalition and/or by making a tax deductible donation to the Coalition. Donations from private donors are crucial as they provide unrestricted funds that can be used for projects such as Josie’s Fund, public policy work and training costs that are not covered by a grant.

You can also support the Coalition and local programs by working to prevent domestic violence, sexual assault and stalking. The first step is to become informed about the issues. The next step is to get involved with primary prevention efforts and to support healthy relationships of all types.

For more information, contact the Coalition or your local domestic violence/sexual assault program.
Board of Directors, Staff and Members

Nebraska Domestic Violence Sexual Assault Coalition
We envision a world where domestic violence and sexual assault are a distant memory and healthy relationships prosper.

2013 Board of Directors
Christon MacTaggart, Chair, Papillion
Hilary Wasserburger, Vice-Chair, Gering
Bob Moyer, Treasurer, Lincoln
Andrea Rodriguez, Secretary, Norfolk
Suellen Koepke, Parliamentarian, Broken Bow
Dawn Conley, Papillion
Heather Duhachek, Omaha
Francine McKenzie, North Platte
Kelsie Myers, Norfolk
Linda Olson, O'Neill
Keisha Patent, Lincoln
Jay Rose, Lincoln

2013 Coalition Staff
Lynne Lange, Executive Director
Sarah Balcom, Domestic Violence Program Coordinator
Carly Beusch, Project Attorney
David James, Fiscal Manager
Michelle Miller, Sexual Violence Program Coordinator
Lili Obakpolor, Bilingual Administrative Coordinator
Robert Sanford, Legal Director
Rachel West, Prevention Coordinator
Michelle Zinke, Training and Resource Coordinator

Network Membership
Bright Horizons, Norfolk
Catholic Charities - The Shelter, Omaha
Center for Survivors, Columbus
The Bridge (formerly the Crisis Center for Domestic Abuse/Sexual Assault), Fremont
Crisis Center, Inc. Grand Island
Domestic Abuse/Sexual Assault Services, McCook
DOVES Program, Gering
Friendship Home, Lincoln
Haven House, Wayne
Healing Hearts and Families, Broken Bow
Heartland Family Service - Domestic Abuse Program, Papillion
Hope Crisis Center, Fairbury
North Central Quad County Task Force on Domestic Violence, Valentine
Parent-Child Center, Lexington
Project Response, Auburn
Rape/Domestic Abuse Program, North Platte
Sandhills Crisis Intervention Program, Ogallala
SAFE Center, Kearney
SASA Crisis Center, Hastings
Voices of Hope, Lincoln
Women's Center for Advancement, Omaha

Following a training at the Nebraska Law Enforcement Training Center, an officer asked to be added to an information distribution list on stalking and technology. He later shared that they were working a case and couldn’t figure out how to “nail the bad guy.” Then, because of one of the items shared via the distribution list they were able to do so. He called to say “thanks for helping us solve the case.”

-Coalition Staff Member
Nebraska’s coalition of domestic violence and sexual assault programs provide access to safety and shelter across the state.

To locate the program nearest you, visit www.ndvsac.org.

Or Call:
1-877-215-0167 - Línea de Crisis en Nebraska (en español)
1-800-799-SAFE (7233) - National Domestic Violence Hotline
www.ndvh.org
1-800-656-HOPE (4673) - National Sexual Assault Hotline
www.rainn.org
1-866-331-9474 - National Teen Dating Abuse Helpline
www.loveisrespect.org

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